



## **The Mirror Foundation Happy Hospital Project**

**September 3, 2014**

**The Mirror Foundation staff and volunteers visit Ramathibodi Hospital Medical Science Division of Mahidol University <http://med.mahidol.ac.th/> 3x per month in order to spend at least one to two hours with the sick children. The children, whose ages range from 6-12 all suffer from critical life-threatening illnesses and/or debilitating injuries brought on by accidents. The Mirror Foundation incorporates a series of fun games for the children during the visits.**

**Gregg Tyler Milligan joined the Mirror Foundation volunteer group for the Wednesday September 3rd visit to the hospital.**

**The team donned light-blue hospital jerkins, and together with the children they made decorative pencil garnishing made of colorful yarn. Grasping this particular craft was far beyond Milligan's abilities. As Milligan relayed, "My final yarn decoration looked like a cross between a worn-out mop and Bob Marley's hair." This made the five children visited with today smile and soon through various silly drawings, comical sounds and gestures, a game of catch with several stress balls, Milligan had the children engaged and laughing.**

**"They are all special and you can never choose a favorite. They are all so beautiful."**

**Staff/volunteers blew up balloons and made animals, sabers, and swords. The Foundation volunteer staff and volunteers are strictly chosen through an application and identification process before being allowed to visit with the children and each visit is monitored by both hospital medical staff and personnel. The child's safety is first and foremost.**

**Soon after the fun began and the children opened up the laughter and giggles were shared by everyone; children and adults alike. Within minutes it was no longer a hospital visiting with these unfortunate and extremely ill children, but just as if it were an average school day.**

Being that as it may, Milligan said, “Never far from my mind was all of the particular ailments (a boy who spent a year in a coma and now going on three in the hospital due to a closed-head injury; a girl with a kidney disease along with a severe case of jaundice, the IV Machine connected to her small arms through the thin clear plastic tubing; however, through a hospital mask seemingly much too large for her diminutive face, you could still see her sweet eyes sparkle and her tiny body jiggle as she laughed).

The older of the children taught Milligan a song the Monks sing to the children. Milligan used the opportunity to modify it by repeating the Thai words in a rap-like manner. This had the whole room laughing; especially, the small boy.

In closing as with all of the foundation experiences, Milligan states...”It was a definitive moment in time and compassion when the older of the children wanted to be held by me. His frail body reminded me of a heart strong with love even when the body is so weak. He was a normal boy who sought love and must receive it. A love he gave freely and I returned ... and forever knowing I was getting the better end of the deal.”

“Sweet dreams and please get better to all the children of the world. It is such a lonely place without you.”

Milligan’s special thanks and appreciation goes again to The Mirror Foundation. They are the true hearts. The battle worn angels of humanity. Our only hope for a better future. Khorb Khun Mark to all at The Mirror Foundation. <http://www.themirrorfoundation.org/>.

## See below pages for a picture gallery from the day.

### PICTURE GALLERY:

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