

A PRESENTATION TO MAHASARAKHAM UNIVERSITY DEPARTMENT OF PSYCHOLOGY, EDUCATION and GUIDANCE



PRESENTED BY: Mr. Gregg Tyler Milligan, BS.c, M.S.Ed, AUTHOR & ADVOCATE

http://www.saveoneanother.com/ PROFESSIONAL WEBSITE

http://www.oprah.com/oprahshow/Full-Episode-Raped-by-His-Mother-A-Victim-Comes-Forward-Video_1 THE OPRAH WINFREY SHOW

https://www.youtube.com/watch?v=1hruocKMQ8g THE RICKI LAKE SHOW

HOSTED BY: MAHASARAKHAM UNIVERSITY, MAHASARAKHAM CITY, THAILAND

Saturday - September 13, 2014 9:00AM - 3:00PM

AGENDA



- 1) My Story "Our Story" ... Play Oprah Winfrey Show Episode prior to oral presentation if time permits, play Ricki Lake Show during break
- 2) Problems about children and teenagers in USA (specifically psychological problems).
- 3) All solutions that USA government and all organizations have tried to do.
- 4) My work experience in helping those children and teenagers.
- 5) Other topics that you think it will be useful for the students.

1) My Story "Our Story"



- Duration: 0-11 Years Old
 - Poverty
 - Abuse of Every Kind
 - Mother Prostitute
 - Forced Prostitution
 - Alcoholism
 - Starvation
 - Neglect
 - Lack of Education
 - Lack of Resources
 - Lack of Intervention
 - Sibling Mortality Rate (11/2 Ratio)
- Duration: 11-18 Years Old
- Child Custody
- Forced to live with abusive/addicted family members, shelters, friends, juvenile centers, on streets
- Attended four different high schools
- Duration: 18-24 Years Old
 - University
 - Nervous Breakdown
 - > First Psychological Intervention
 - Bachelors / Masters Degree
 - Air Force Pilot
 - Successful Corporate Positions
 - Continued Therapy and Medication











2) Problems about children and teenagers in USA (specifically psychological problems)



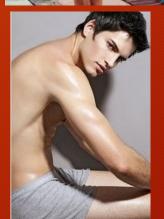
>Specific to America: Sample causes of psychological problems and

resulting effects

- Examples
 - > Society
 - ➤ Media and Advertisements
 - ➤ Cliques (Acceptance vs. Non-Acceptance)
 - > Culture (Family Unit)
 - **>** Community
 - > System (Someone Else's Problem)
 - ➤ Abuse of "any kind"











3) All solutions that USA government and all organizations have tried to do - Obstacles and Solutions



Obstacles

- GDP (Gross Domestic Product)
- > The link between humans and nature
- No borders
- Lack of Collaboration
- > Taboo Regarding Mental Health
- Personal Experience
- ➤ Importance of Psychology in Higher Academia and Practice
- > Insurance Coverage
- > Solutions: Marketing
- > Results (Mass Shootings), Gun Laws
- Mental Health Institutions Closed

> Solutions

- > The Mirror Foundation, Thailand
- > The RAINN (Rape, Abuse and Incest National Network) Foundation, America
- Education + Compassion = Wisdom Model Approach
- Restructure the GDP











4) My work experience in helping children and teenagers



- ➤ Personal / Professional
- Research
- ➤ Volunteerism / Advocate / Activist
- >Author / Lecturer
- ➤ Samples: Case Studies Physical & Psychological Effects
- >Treatment: My Involvement







5) Other topics that I think will be useful for the students



- ➤ Key Role Psychology Plays
- ► Direct Costs Associated with Americans having Mental Health Issues
- ➤ Mission of Mental and Physical Care in America
- ▶Psychological Intervention



